



COMPRESSION + ICE FOR FASTER
RECOVERY + BETTER PERFORMANCE.

INFO@PLAYHARDER.COM P:800.507.6971

SHORTS, KNICKERS + TIGHTS



MEN'S SIZES		S	M	L	XL	XXL	XXXL
WAIST		<28	28-31	32-35	36-39	40-44	>44
WOMEN'S SIZES		XS	S	M	L	XL	XXL
WAIST	<23	23-26	27-30	31-34	35-38	>38	
U.S. SIZES	0	2-4	6-8	10-12	14-16	>16	

CALF SLEEVES



MEN'S + WOMEN'S SIZES		XS	S	M	L	XL	XXL
CALF	<12	12-14	15-17	18-20	21-23	>23	

KNEE SLEEVES



MEN'S + WOMEN'S SIZES		XS	S	M	L	XL	XXL
KNEE	<10	10-12	13-15	16-18	19-21	>21	

ARM + ELBOW SLEEVES



MEN'S + WOMEN'S SIZES		XS	S	M	L	XL	XXL
CIRC. BELOW ELBOW	<7	7-9	9-11	11-13	13-15	>15	

HOW IT WORKS:

- 1. PERFORMANCE:**
ENHANCED CIRCULATION
DECREASED MUSCLE VIBRATION
INCREASED MUSCLE EFFICIENCY
- 2. RECOVERY:**
ZONED GRADIENT COMPRESSION
REDUCED LACTIC ACID BUILD UP
REDUCED SWELLING AND PAIN
- 3. THERAPY:**
COMPRESSION + ICE IN ONE
INCREASED COMPLIANCE
REUSABLE



LESS HASSLE ➤

EASIER TO USE ➤

FASTER RECOVERY ➤

BETTER PERFORMANCE.

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